2023-2024 Mind & Sole Weekly Schedule

	Monday		Tuesday		Wednesday		Thursday		
	Grey Room	Pink Room	Grey Room	Pink Room	Grey Room	Pink Room	Grey Room	Pink Room	
4:00	Tiny Tot Tumble 4:00-4:30	Level 1 Tap 4:00-4:30							4:00
4:15					Level 1 Technique 4:15-5:00	Tiny Tot Combo 4:15-5:00			4:15
4:30	Tiny Tot Hip Hop 4:30-5:00	Level 2 Tap 4:30-5:00	Level 4 Tumble 4:30-5:00				Level 3-5 Advanced Training 4:30-5:00		4:30
4:45									4:45
5:00	Level 1-2 Hip Hop 5:00-5:30	Tappin' Toes Large Group 5:00-6:00	Level 5 Tumble 5:00-5:30		Level 1 Ballet 5:00-5:30	Rubys 5:00-5:30	Sapphires 5:00-5:30	Emeralds 5:00-5:30	5:00
5:15									5:15
5:30	Level 2 Tumble 5:30-6:00		Level 4/5 Technique 5:30-6:30		Mini Soles Large Group 5:30-6:15	Level 1/2 Hip Hop 5:30-6:00	Large Group Musical Theater 5:30-6:30	Large Group Hip Hop 5:30-6:30	5:30
5:45									5:45
6:00	Level 2 Technique 6:00-6:45	Shufflin' Stars 6:00-6:45				Level 1 Tumble 6:00-6:30			6:00
6:15					Level 3 Ballet 6:15-7:00				6:15
6:30			Level 4/5 Ballet 6:30-7:30			Level 1/2 Jazz 6:30-7:00	Level 1-3 Production 6:30-7:15		6:30
6:45	Level 2 Ballet 6:45-7:30	Level 3 Tap 6:45-7:15							6:45
7:00					Level 3 Technique 7:00-8:00	Level 3-5 Hip Hop 7:00-7:30			7:00
7:15		Beat Blasters 7:15-8:00					Level 4-5 Production 7:15-8:00		7:15
7:30	Pearls 7:30-8:00		Small Group Hip Hop 7:30-8:00			Level 3-5 Jazz 7:30-8:00			7:30
7:45									7:45
8:00		Level 4 Tap 8:00-8:30	Diamonds 8:00-8:30		Level 3 Tumble 8:00-8:30		Elite Large Group Jazz 8:00-8:30		8:00
8:15									8:15
8:30									8:30
8:45									8:45
9:00									9:00